

SR/A

# SENIOR LIVING BY DESIGN

Embracing the Power of Interiors to Transform Aging

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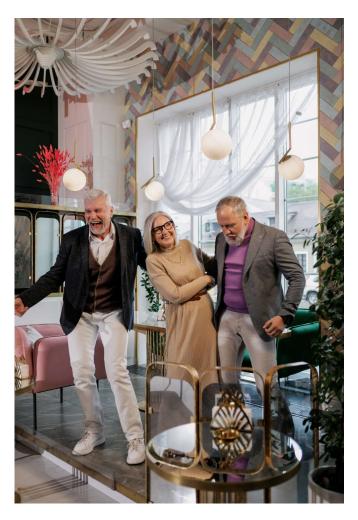


### AGING WITH DIGNITY

At SR/A, we believe thoughtful interior design can enrich people's lives and allow them to live their golden years with dignity. We focus intensely on the needs of seniors from a wholistic perspective, from accessible and stylish units to vibrant common spaces with hidden safety features that residents, visitors, and caregivers will truly enjoy spending time in. We believe in the power of design to uplift people and we work with our clients to ensure our work does exactly that.



## **COMMUNITY**



#### **Versatile Spaces**

Versatility is also a major consideration when designing for seniors. Many senior living communities offer a robust assortment of programmed events aimed at keeping residents active and engaged. Our intention is always to produce spaces that can be used for a variety of functions.

#### **Communal Spaces**

A strong sense of community is foundational to a fulfilling life. At SR/A, that is what we envision with each unique design. We focus on creating elegant, comfortable communal spaces that inspire play, conversation, and relaxation among residents, visitors, and caregivers.

industry-leading SR/A's procurement experts leave no stone unturned when specifying comfortable and durable furniture, tasteful and unique artwork, and texturally rich finishes. We work with providers and their consultants to ensure our designs conform with industry best practices and the best available demographic and psychological research.

Several neurological studies published over the past five years show that high levels of physical, social and cognitive activity can ameliorate or delay the onset of dementia and Alzheimer's. It can also reduce depression rates as well as feelings of despair and loneliness among those 65 and older.

To facilitate such activity, it is crucial that communal spaces be both functional *and* beautiful. In other words, our goal is to deliver spaces that residents and their families *love* spending time in.

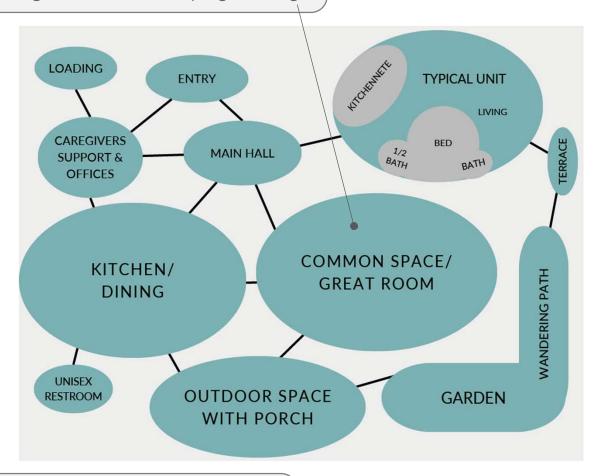
#### **Celebrating Diversity & Culture**

Celebrating cultural diversity through design helps break down barriers, inspire conversation and learning, and foster closer interpersonal relationships, which is integral to shaping strong communities. We help our clients accomplish this with intentional artwork selections, literature offerings, and other cosmopolitan design features that act as "conversation starters".

## COMMUNITY

#### **Versatile Communal Spaces**

Spatial flow and flexible furniture arrangements allow for reprogramming.



### **Celebrating Culture & Diversity**

Inclusion is encouraged by the use of artistic elements and iconography.





## LIFESTYLE



#### Upscale, boutique feel with luxury amenities.

Just like with multi-family, Senior Housing benefits immensely from creative and high-value amenity spaces. At SR/A we reject the idea that designing senior housing means simply providing the barebones. Instead, we focus on getting the most out of people's golden years with amenities that enhance the overall community and promote individual wellness. With resort and hospitality inspired spaces, residents will make the most out of their new home and enjoy a higher quality of life.











Fine Dining

Spa

Pool & Fitness

Gardening Activities

Concierge/ Welcome











Arts Spaces

Theatre

Bar

Learning Spaces

Tech Center











Community Spaces

Game Rooms

Prayer/ Meditation

Outdoor Leisure

Petcare/ Grooming

## LIFESTYLE



### **Thoughtful Material & Furnishings**

As our diverse portfolio of work demonstrates, SR/A delicately balances traditional and modern design sensibilities to produce spaces that are both familiar and cutting-edge.

























### INDEPENDENCE







#### **Design that Empowers Dignity**

Senior living communities make it easy to connect with neighbors and staff members daily, decreasing isolation and feelings of loneliness.

The lighting, colors, fixtures and arrangement of spaces are tailored to enable independence and protect residents from injury. Material choices and interior environment considerations, such as air quality, are carefully tuned to foster resident wellbeing, including, but not limited to, the key concerns of fighting infectious disease and reducing falling risks.

Every design decision serves two purposes: to delight and engage residents in a vibrant lifestyle, and to provide the invisible safeguards they need to enjoy it all safely.

#### **Accessible Design**

At SR/A, every amenity space we design employs universal, ADA standard and WELL certified design practices to improve accessibility for all regardless of mobility issues. This includes, but is not limited to, turning radiuses and clearances, corridor widths, washroom components, work counter heights, anti-slip flooring and more.

#### **Technology Integration**

Deploying the best available technology improves the quality of life of residents and their caregivers. Voice-activated lights and fan controls, schedule reminders, and other features found in today's smart homes help seniors keep track of medications, stay in touch with loved ones, and live more independently.

## VITALITY





#### **BIOPHILIA**

Biophilic design means designing in a way that mimic the flows of nature and bringing the outdoors in.
Incorporating nature in indoor environments has proven positive mental health benefits.



# LIGHT & FRESH AIR

Operable windows and shades allow residents to take advantage of pleasant breezes and maximize daylighting, which studies have linked to higher levels of satisfaction in adults 65 and older.



# EMOTIONAL WELLNESS

All aspects of wellness play into vitality including spiritual, mental, and emotional health. Spaces are designed with bright, uplifting schemes, residents are given maximized personalization to their units, and community is prioritized in space planning.



# PHYSICAL WELLNESS

Physical wellness means different things to different people, designing for this means accessibility is taken into consideration in every step of the process. WELL Building Standards are followed to promote movement and accommodations are made to ensure all residents can participate and benefit.

## VITALITY



BIOPHILIA Healing









Typical ADA bathroom shower and sink

ADA Handrail disguised as chair rail







LIGHT & FRESH AIR

## HEALTH & SAFETY

#### **Codes & Accessibility**

ADA and WELL Building Standards are followed to promote movement and accommodations are made to ensure all residents can participate and benefit.



#### **Finish Considerations**

In accordance with these standards, we specify materials that are sustainably produced and ethically sourced, that are free from volatile organic compounds (VOCs), and that are durable against wear and tear. We find that residents appreciate the peace of mind that comes with knowing that every material they touch has been chosen with great care and has been certified to be non-harmful to their health.



#### **Memory Care & Wayfinding**

Wayfinding guides humans through spaces via basic concepts and visual cues like signage, iconography, carpet and floor tile design, and lighting. People with dementia retain their ability to recognize objects better than colors, especially as their vision begins to deteriorate, so placing distinctive markers, like an antique sewing machine or a grandfather clock, at hallway intersections is an effective way to help residents navigate without the assistance of caregivers.



## SERVICES

- Architectural & Interior Design
- Conceptual Design
- Space Planning
- LEED and WELL Certified Design
- Interior Lighting Design
- •3-Dimensional Rendering Coordination
- Architectural Documentation
- Construction Administration
- Model Unit Design
- Interior and Exterior Signage
- Visual and Marketing Displays
- Project Supervision
- Project Branding
- Pre-Purchase Budgets Estimation
- Cost-Analysis and Value-Engineering
- Architectural Consulting
- FF+E Specifications
- •FF+E Procurement Administration
- Art and Accessories Selection & Purchasing
- Warehousing and Installation Management
- Inventory Analysis
- Post Occupancy Follow-Up

